



## ALL NATURAL SUPERFOOD SMOOTHIES

16 oz. | 8.50

### perfect date shake

all natural almond butter, dates, banana, hemp protein and almond milk

### green power shake

fresh kale, spinach, dates, avocado, hemp protein and almond milk

### coconut acai

acai berries, strawberries, banana, shredded coconut, almond milk

### berries and banana smoothie

blueberries, strawberries, banana and fresh squeezed orange juice

### dragon fruit mango smoothie

dragon fruit, mango, banana and fresh squeezed orange juice

### bc smoothie

strawberries, banana, vanilla whey protein and fresh squeezed orange juice

### pb&b

organic peanut butter, banana, chocolate whey protein and almond milk

### almond butter cup

all natural almond butter, chocolate whey protein, banana and almond milk

### low carb protein shake | 9.00

strawberries, blueberries, Isopure vanilla whey protein and coconut water

## FRESH "RAW" JUICES

16 oz. | 9.00

### greens plus

fresh kale, spinach, celery, green apple and lemon

### immunity

fresh turmeric, ginger, green apple, carrots and lemon

### orange juice | 8.00

## FRESH BEVERAGES

16 oz.

### lemonade | 4.00

fresh squeezed lemonade with mint and cane sugar

### refreshing green lemonade | 5.00

fresh squeezed lemonade with spinach and kale

### ginger root lemonade | 5.00

our house made lemonade with fresh ginger

### black iced tea | 4.00

## ORGANIC ARTISAN COFFEES AND TEAS

### La Colombe Coffee

espresso | 3.75

cappuccino/cafe latte | 5.25

americano/decaf | 4.00

La Colombe cold brew | 5.25

### La Colombe Artisan Tea | 4.00

BLACK: breakfast blend

HERBAL: peppermint cardamon, chamomile citrus

GREEN: jasmine